

If you can't go out, why not travel the world from home?

This week we travel to Pakistan.

## Facts About Pakistan

Pakistan is officially called the Islamic Republic of Pakistan. The name Pakistan, Pak (pure) and stan (land) means 'land of the pure' in the Persian and Urdu languages. Pakistan's land covers some 796,095 km<sup>2</sup> (307,374 mi<sup>2</sup>) about the combined land area of France and the United Kingdom.



Take a short tour of this beautiful country here:

<https://www.youtube.com/watch?v=DHnHpHkws4>

## Henna



Henna is a very important part of Pakistani culture. Women have henna decorations applied to their hands and feet for festivals and celebrations. Why not draw around your own hand or print off a hand template and use a brown crayon or pen to decorate it with your own henna pattern.

Get some ideas here:

<https://www.art-is-fun.com/henna-hand-designs>

## Weaving



Pakistan has tradition of carpet-making going back thousands of years. Weaving was a developed form of art in the Mohenjodaro in Sindh 4000-5000 years ago. The handmade carpets produced in Lahore in the 16th Century are on display in museums.

<https://youtu.be/XU7gymet-Vk>

Make your own colourful paper weavings:

<https://www.makeandtakes.com/classic-kids-craft-paper-weaving>

## Animals



Use a plastic fork to paint a brown bear. Click here to find out how



Because of the difference of geography and climate in the different regions of Pakistan, the diversity in the wildlife of Pakistan is huge. You will find poisonous snakes in deserts and wild bears in the mountains. Find out about five rare animals that live in Pakistan:

<https://youtu.be/TyllQe8gzAw>

## Language

The National Language of Pakistan is Urdu but in the different states other languages are also spoken such as:

*Punjabi*

*Sindh*

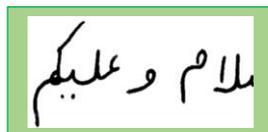
*Balochi*

*Sairakhi*

*Mirpuri*

Listen to the Urdu alphabet here:

<https://youtu.be/lp8swF533Mc>



Learn some words in Urdu:

<https://www.newburyparkschool.net/lotm/urdu/player.html>

## Ludo



Ludo is one of the most played board games in Pakistan.



Board

Click the pictures to download:

Rules

## Find out more...

- Can you find Pakistan on a map or globe?
- What are its neighbouring countries?
- What is the capital city of Pakistan?
- Who is the prime minister of Pakistan? (clue: he was once a famous cricket player)

**There are no limits to what you can discover!**