

Restorative Approaches at Arden

RA Questions

What happened?

What were you thinking when it happened?
What did you feel inside when it happened?

How are you feeling now?
Who else has been affected?

What could you have done instead?

What could you do to make it better?

Early Years

What happened?

I felt sad when I saw ...

How are you feeling now?

What could you have done instead?

What could you do to make it better?

Arden's Core Values



Arden's Core Values

We aim to be:

Resilient

I will persevere, even if I find something challenging.

Independent

I can find ways to solve problems on my own and improve what I've done already.

Aspirational

I will aim high and be the best I can be.

Imaginative

I can use my ideas and take risks in my learning.

Respectful

I can show respect to everyone and everything in Arden's community.

Arden Primary School

Believe, Respect, Reflect, Achieve

0161 430 2675

Information Leaflet for Parents and Carers



Restorative Approaches at Arden



What is a Restorative Approach?

A Restorative Approach is a way of positively managing conflict between people. We recognise that every relationship has 3 strands: build, maintain and repair. Restorative Approaches has been developed to help to repair **healthy relationships** and to enable people to see things from all angles when dealing with an issue.

The approach is focussed around a set of simple questions (see overleaf) which are used by staff and Restorative Ambassadors to help repair relationships when they have broken down. The questions are designed to encourage children to fix the problem, challenge assumptions and reflect and learn from their behaviour.

The approach looks at the harm caused by an incident and the learning opportunity rather than focusing on giving a consequence. It is not a 'soft option' as it is very challenging for someone to face the impact of their actions.



Why do we need a Restorative Approach?

At Arden we follow our Core Values as well as the National Curriculum. The Core Values have been designed to develop five essential life skills in our children which support Restorative Approaches.

INDEPENDENCE - Restorative Approaches teaches children life long, transferable skills equipping children to build, maintain and repair relationships themselves.

ASPIRATION - Our children recognise that even when things go wrong we can always aim high and achieve our goals.

IMAGINATION - Restorative Approaches requires an open mind to take risks and solve problems creatively.

RESILLIENCE - By exploring and understanding emotional literacy we are encouraging children to consider how to recognise emotions and fix their own problems.

RESPECT - We recognise the importance of investing time and respecting view points in a non-judgemental, empathetic manner.



What does a Restorative Approach look like at Arden?

A whole school approach

All members of staff use Restorative questions with each child who is involved in a fallout - see overleaf. We are very proud to have been recognised by our Local Authority as a **Showcase School** for Restorative Approaches!

Regular Check ins

Check-ins are done with children and an adult throughout the day. This helps to find out if any child needs some additional emotional support.

Circle Time

Every child takes part in circle time weekly with their class. This provides opportunities to find out about each other, work through real-life scenarios and problem solve.

Restorative Ambassadors

We deliver a seven week training programme for Years 5 and 6 children to become Restorative Ambassadors. These children learn skills such as: active listening, being non judgemental, empathy, emotional literacy and conflict management.

The Restorative Ambassadors use the questions to help repair relationships at lunchtime.

